



Date June 20th 2015

Time 5K Run/Walk @ 9:00
Kids Fun Run @ 10:30

Location Western Maryland Hospital Center, Hagerstown

Contact Matt Semler – 301-730-8426 or Mihi5kevent@gmail.com

Cost \$25 for all 5K participants
Kids Fun Run is free!

Race timing services provide by:
RacineMultisports

*Race day registrations will be accepted and will begin @ 7:30.
Registration will close @ 8:30 for 5K Run/Walk.

*5K RUN AWARDS: Awards will be given to the top three overall winners as well as the top three winners in each age category both male and female.

*Kids Fun Run: Free for kids 10 years old and younger. Kids can be registered for the Fun Run on race day.

*T-SHIRTS: All pre-registered 5K run/walk participants who are registered by June 3rd are guaranteed a short-sleeve t-shirt.

*Additional shirts may be available for purchase on race day, but availability is not guaranteed.

***All proceeds to benefit MIHI Inc.**

Event information and online registration at: <http://mihi-wmhca-event.weebly.com>

OR register by completing form below and mail with check payable to: MIHI Inc. – 13516 Pulaski Dr. Hagerstown, MD 21742

(Please Print) Participants Name: _____ **Circle One:** 5K RUN 5K WALK

Address: _____

Phone: H _____ C _____ Email: _____

Age (for timing purposes): _____ Date of Birth: _____ Male Female **Shirt Size** - SM MD L XL XXL

Release & Consent Form: In consideration of the acceptance of my entry/my child's entry, I for myself or my child, our executors, administrators, and assignees do hereby release and discharge the organizers of this race and other sponsors and organizers of all claims and damages, actions whatsoever in any manner arising out of my/my child's participation in said athletic event. I attest and verify that I have full knowledge of risks involved in this event and I am/my child is physically fit and sufficiently trained to participate in this event. I acknowledge the potential risk of concussion while participating in any and all athletic event. Further, I hereby grant full permission to any and all of the foregoing to use my/my child's name, photographs, videotapes, motion pictures, recordings or other record of this event for legitimate purposes without compensation or remuneration.

Athletes Signature (parent/guardian must sign for runners under 18) _____